



THE INSTITUTE FOR EXPRESSIVE ANALYSIS

1st Quarter 9/8/25–11/10/25 (No class 9/22, 10/13)

Mondays **R106 - Basic Clinical Concepts I** Blair Casdin bcasdin@gmail.com 151 W 88th St, Ground Fl.
6:30 PM–8:00 PM (917) 740-3410

This course addresses basic psychoanalytic concepts and methods of practice. Topics include: defining psychoanalysis, setting the frame, early engagement with patients, understanding enactment, transference and countertransference, and working with dreams. Candidates will also learn the basics of presenting a case and have opportunities to address questions and anxieties that arise in becoming a psychoanalyst.

Mondays **R214 - Research and Ethics** Timothy Post tpost7@live.com Zoom
6:30 PM–8:00 PM (913) 357-0041

This course is an experiential and critical investigation of the ethics and methodology of psychoanalytic research as well as a comprehensive didactic and clinical exploration concerning ethical questions and standards of treatment in the therapeutic relationship.

Mondays **R113 - Freud I** Chana Moses chanarab72@gmail.com 32 Union Square East #1203
8:30 PM–10:00 PM (845) 641-2404

This course presents basic Freudian theory through an in-depth study of selected major writings of Sigmund Freud.

Mondays **R201 - Infant Research and Adult Treatment** Gail Elkin-Scott GailElkinScott@gmail.com 32 Union Square East #1208
8:30 PM–10:00 PM (917) 885-5723

In recent decades there has been an explosion of research on infancy and the findings of this research have had a significant impact on psychoanalytic theory and practice. This course will introduce methods for applying infant research to adult treatment, as well as contemporary psychoanalytic concepts discovered or verified by these recent studies. We will focus on the early origins of attachment, bodily and affect regulation, relatedness and patterns of non-verbal and verbal communication, and explore concepts such as co-construction, self and interactive regulation, mentalization and more. Readings will include works by Bowlby, Fonagy, Beebe, Lachmann, Stern, Boston Process Change Study Group, and others.

Sundays: 9/14, **R216 - Dream Analysis II** Christine Westermeier Christine.Westermeier@gmx.net Zoom
9/28, 10/19, 11/2 10:00 AM–1:00 PM +49 (0)173 362 5169

Since the 1950's dreams have been seen more as a communication than as a means of disguise. We will explore all aspects of dream material, both manifest and latent content as it surfaces in associations. The class will use group process format to work directly with the dreams that are presented. Readings will include contemporary writings on the use of imagination and imagery in clinical practice, the intersubjective nature of dream exploration as well as Jung's concepts of archetypes and the collective unconscious.

Monday, 11/17/25

Mentor Meetings

2nd Quarter 11/24/25–1/26/26 (No class 12/29, 1/19)

Mondays **R203 - Transference & Countertransference I** Mark Vecchio MarkVecchio@freeverse.net 32 Union Square East #1203
6:30 PM–8:00 PM (917) 399-5553

This course focuses on classical and current psychoanalytic concepts of transference. Topics include induced countertransference, hate in the countertransference, working with positive and negative transference, self-object transference, and regression. The course addresses the problems and creative uses of countertransference, integrating theory with clinical practice.

Mondays	R114 - Freud II	Chana Moses	chanarab72@gmail.com	32 Union Square East #1203
8:30 PM-10:00 PM			(845) 641-2404	

This course includes a selection of Freud's major writings after 1923. Topics covered include: structural theory, the death instinct, theory of anxiety, and man's relation to society.

Mondays	R208 - Narcissism and Self Psychology	Carolyn Schaefer	carolynchemist@gmail.com	Zoom
8:30 PM-10:00 PM			(203) 531-1110	

This course presents the psychoanalytic theories of narcissism, including the formulations of Sigmund Freud, and emphasizing the work of Kohut and other self psychology theorists such as Stolorow. Topics addressed include self-object transference dynamics, the role of countertransference, self-experiencing, and the meaning of empathy and empathic capability.

Sundays	R205 - Therapeutic Alliance (formerly Resistance)	Dana Brownstein	dana.brownstein.lp@gmail.com	Zoom
1:00 PM-3:00 PM			(917) 613-3714	

This course focuses on classical and current psychoanalytic concepts of resistance manifestations in the treatment situation, with emphasis on the relationship between character pathology and resistance, and on the interpretation of resistance as a non-verbal symbolic communication.

Monday, 2/2/26

Mentor Meetings

3rd Quarter 2/9/26-3/30/26

Mondays	R107 - Basic Clinical Concepts II	Catherine Balletto	cballetto@gmail.com	Zoom
6:30 PM-8:00 PM			(917) 838-9799	

A continuation of Basic Clinical Concepts I: This course addresses the basic concepts of psychoanalytic psychotherapy as they apply to clinical work, focusing on early engagement, the working alliance, resistance, transference, countertransference, and interventions.

Mondays	R218 - Contemporary Perspectives II: Intersubjectivity	Fran Novak	fran.novak@gmail.com	80 8th Ave #1303
6:30 PM-8:00 PM			(917) 526-0039	

This course will offer a more in depth analysis of concepts explored in Contemporary Perspectives I, including a comparative study of Intersubjectivity.

Mondays	R103 - Psychopathology I: Non-Neurotic Defenses in Non-Psychotic Patients	Carter Thornton	CarterThorntonSound@gmail.com	Zoom
8:30 PM-10:00 PM			(646) 483-8246	

This course will explore the 'in-between' personalities that are dominated by non-neurotic defenses. We will summarize borderline, perverse, addictive, psychosomatic, & psychotic features of depression and trauma as defending against psychotic collapse. The course will include multiple perspectives on clinical interventions with such defenses. Students' clinical material will be presented in class.

Mondays	R210 - Non-Verbal Communication within the Context of an Analytic Dialogue	Gail Elkin-Scott	GailElkinScott@gmail.com	32 Union Square East #1208
8:30 PM-10:00 PM			(917) 885-5723	

We will explore the interface of verbal and non-verbal communication, alternate levels of consciousness, the transference/countertransference dialogue, and the forces of energy that enter into a creative psychoanalytic process. This is an interactive, experiential weekend where personal material that emerges is processed in a group context. It is both a rich and visceral learning experience and is a required course once during the entrance phase of the program and again during the advanced phase.

Sundays: 2/22, 3/1, 3/15
 1:00 PM-5:00 PM

R115 - Symbolization and Creativity

Claudia Bader abzudusk@gmail.com
 (917) 647-8254

50 West 97th St #1H

This course explores the symbolization processes at work in unconscious fantasies, symptom formation, trauma and creativity. Ways of working with symbolization in treatment will also be discussed.

Monday, 4/6/26

Mentor Meetings

4th Quarter 4/13/26-6/8/26 (No class 5/25)

Mondays **R117 - Diagnosis and the Individual** Catherine Balletto cballetto@gmail.com Zoom
 6:30 PM-8:00 PM (917) 838-9799

As analysts we assess our patients provisionally and over time, recognizing that words and behaviors are signposts to fluid internal states. As clinicians, however, we are often required to make thumbnail diagnoses, based on categories created by the study of large numbers of subjects. This course will consider the Diagnostic and Statistical Manual-5. One class will be devoted to the history of the DSM and the thinking about current changes in the manual. Throughout, candidates will consider the fit between diagnosis and the individual patient, using examples from our practices or from literature. How can we use diagnosis creatively to inform our thinking, without limiting the potential of the patient to surprise us? Students are encouraged to apply critical thinking and clinical intuition to their use of diagnostic labels.

Mondays **R213 - Trauma** Mark Vecchio MarkVecchio@freeverse.net 32 Union Square East #1203
 6:30 PM-8:00 PM (917) 399-5553

Most patients present with some degree of trauma, even if not initially articulated or diagnosed. Through a consideration of classic and contemporary trauma literature, attachment theory, and neuroscience, this course will explore the core dynamics of trauma survivors, treatment techniques, and its clinical application. Class discussion and student presentations will be integrated throughout, applying theory to case material.

Mondays **E204 - Interpersonal Psychoanalysis** Mel Solis MelSolis@mac.com Zoom
 8:30 PM-10:00 PM (860) 578-2234

This course provides a historical reading of the development of interpersonal psychoanalysis. Readings include Harry Stack Sullivan, Clara Thompson, Eric Fromm, Edgar Levenson, etc., plus some readings that make the distinction between interpersonal and relational psychoanalysis.

Mondays **R109 - Case Seminar II** Fran Novak fran.novak@gmail.com 80 8th Ave #1303
 8:30 PM-10:00 PM (917) 526-0039

A continuation of Case Seminar I: This course provides students with an opportunity to present cases in a group format. Basic clinical concepts of transference, countertransference, resistance, diagnosis, and technique are discussed in the context of case presentations.

Sundays **E203 - Lacan's Ethics Seminar** Andy Stein astein1@earthlink.net 32 Union Square East #1203
 TBD-TBD (646) 620-1286

Lacan says that psychoanalysis is an ethical praxis. In this course we will investigate what Lacan means by that by reading sections of his Ethics seminar. The aim of the course will be both to gain some proficiency in what the ethical position of the analyst should be according to Lacan, and the connection between this ethics and what Lacan calls the desire of the analyst; which is, for him, the main achievement of analytic training, the direction of the analyst's own analysis, and the idea governing supervision.