



THE INSTITUTE FOR EXPRESSIVE ANALYSIS

Fall/Early Winter 2022-2023

Dates:

1st Quarter: 9/12/22 - 11/7/22 (No class 9/26/22)

2nd Quarter: 11/21/22 - 1/16/23 (No class 12/26/22)

Mentor Meetings (Mandatory):

11/14/22

1/23/23

Registration Deadline for BOTH 8-week sessions: 8/21/22

Note on locations: Please follow email notifications from IEA regarding changes to course locations due to COVID-19

1st Quarter (First 8 weeks) – 9/12/22 - 11/7/22 (No class 9/26/22)

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30-8pm	<p>CASE SEMINAR I</p> <p>Gene Guberman</p>	<p>Location: 32 Union Sq. East, Suite 1203 New York, NY 10003 (IEA Office) gguberman@verizon.net 908-285-3030</p>
	<p>This course provides students with an opportunity to present cases in a group format. Basic clinical concepts of transference, countertransference, resistance, diagnosis and technique are discussed in the context of case presentations.</p>	
8:30pm-10pm	<p>HUMAN DEVELOPMENT I</p> <p>Gail Elkin-Scott</p>	<p>Location: 32 Union Sq. East, Suite 1218 New York, NY 10003 917.885.5723 gailelkinscott@gmail.com</p>
	<p>This course will explore the early years of life through a multimodal lens of psychoanalytic, developmental, and attachment theories. We will focus on non-verbal and pre-verbal development and how they relate to the expressive aspect in psychoanalysis. Direct observation will provide illustration of the ideas in discussion and illuminate their role in psychoanalytic treatment.</p>	

Advanced		
6:30-8pm		
8:30-10pm	<p>GENDER AND SEXUALITY</p> <p>Mark Stafford</p>	<p>Location: 32 Union Sq. East, Suite 1203 New York, NY 10003 (IEA Office)</p> <p>stafford60ms@gmail.com</p> <p>917-543-1937</p>
	<p>This course will focus on a comparison of classical and contemporary writings on gender and sexuality, illustrating the clinical use of our understanding of multiple psychoanalytic perspectives. We will cover the field from Freud and his followers/critics to contemporary relational thinkers such as Harris, Benjamin, Stein, Corbett, Davis and others. Students will have a chance to familiarize themselves with debates about the Oedipus complex, masculinity and femininity, penis envy, domination, sexual excitement and excess, and their relevant clinical applications.</p>	
Weekend		
9/17/22 9/24/22 10/1/22 10/8/22 10/15/22	<p>READING COURSE IN BION: "AFTER THE CAESURA"</p> <p>Paul Cooper</p>	<p>Location: ZOOM MEETING</p> <p>chugai108@gmail.com</p>
10am-12pm Each day	<p>This course will offer a close reading of Bion's <i>Attention and Interpretation</i> with direct implications for his radical approach to clinical technique and will be supplemented with additional writings from this later period described by the European psychoanalyst Rudi Vermote as "After the Caesura."</p>	

2nd Quarter (Second 8 weeks) – 11/21/22 - 1/16/23 (No class 12/26/22)

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	<p>DREAMS I</p> <p>Gene Guberman</p>	<p>Location: 32 Union Sq. East, Suite 1203 New York, NY 10003 (IEA Office) gguberman@verizon.net 908-285-3030</p> <p>This course focuses on Freudian and post-Freudian theory and technique of dream analysis. Clinical material is discussed with an emphasis on understanding and using dream imagery as symbolic communications about the patient’s internal, unconscious and preconscious world.</p>
8:30pm-10pm	<p>PSYCHOPATHOLOGY II: PSYCHOSIS</p> <p>Mark Stafford</p>	<p>Location: <i>Instructor on Zoom with students gathered at IEA office (this may change to instructor being in person)</i></p> <p>32 Union Sq. East, Suite 1203 New York, NY 10003</p> <p>stafford60ms@gmail.com 917-543-1937</p> <p>This course introduces detailed information as to types of psychoses, multiple theories as to their causation, and various verbal and expressive method of treatment both out and inpatient. Psychotic transference, countertransference, and resistance are explored. An experiential is part of the course structure. The term “psychosis” is used in a variety of ways. Originating in 19th century psychiatry it has too often been used as a synonym for madness or socially unacceptable thinking or actions. We will work on how the clinician works on the structural difference between neurosis and psychosis.</p>

Advanced		
6:30pm-8pm	TRANSFERENCE & COUNTERTRANSFERENCE II Caryn Sherman-Meyer	Location: 240 Central Park S. #2A 516-456-5111 cshermanmeyer1@gmail.com
	<p>The focus of this course will be understanding transference and countertransference from a contemporary perspective. We will address the problems and creative uses of transference and countertransference, integrating theory with clinical practice. The concepts of unconscious relational dynamics, mutual influence and authenticity will frame and anchor our thinking. Topics include working with positive and negative transferences, enactments, self-disclosure and erotic transferences. The course will draw on readings and candidate's clinical material.</p>	
8:30-10pm		
Weekend		
11/19/22 11/20/22 9am-4pm Each day With 1hr for lunch from 12-1pm	JUNGIAN ANALYTIC THEORY Jane Selinske	Location: ZOOM Meeting 201-615-2889 jane.selinske@gmail.com
	<p>This course presents basic Jungian analytic theory through didactic and experiential methodology. Major theoretical writings (to be read in advance) of C.G. Jung and other writers will be studied. Theory presented will be grounded by clinical examples. Required reading: <i>Memories, Dreams, Reflections</i> by CG Jung prior to the class</p>	

Late Winter/Spring 2022-2023

<u>Dates:</u> 3 rd Quarter: 1/30/23 – 3/20/23 4 th Quarter: 4/3/23 – 5/22/23	<u>Mentor Meetings (Mandatory):</u> 3/27/23 TBD
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Registration Deadline for BOTH 8-week sessions: 1/15/23

3rd Quarter – 1/30/23 – 3/20/23

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	OBJECT RELATIONS I: ENGLISH SCHOOL Kathleen Del Mar Miller	Location: 291 Broadway, Suite 708 NY, NY 10007 (646) 717-3885 kathleendelmarmiller@gmail.com m
	This course focuses on the contributions of the British Object Relations theorists such as M. Klein, Fairbairn, Winnicott, Guntrip and others. Theoretical and clinical material is integrated with an emphasis on treatment implications.	
8:30pm-10pm	NONVERBAL COMMUNICATION WITHIN THE CONTEXT OF A PSYCHOANALYTIC DIALOGUE Bonnie Hirschhorn	Location: <i>Instructor on Zoom with students gathered at IEA office</i> 32 Union Sq. East, Suite 1203 New York, NY 10003 845-594-1200 bonnie@creativepsychotherapyservices.com
	In this course students will explore the interface of verbal and non-verbal communication, alternate levels of consciousness through creative modalities, the transference/countertransference dialogue and the forces of energy that enter into a creative psychoanalytic process. A variety of expressive modalities will be examined and their application within the analytic frame will be explored and demonstrated through experiential exercises. Material that emerges will be processed in a group format.	

Weekend	
2/4/23, 2/11/23, 2/18/23 12pm – 4pm Each day	<p>ELECTIVE: ALCHEMY</p> <p>Claudia Bader</p> <p>Location: 50 West 97th St #1H 917-647-8254 (for texting) 212-874-7441 abzudusk@gmail.com</p> <p>Using images, visualization, energy exercises, film, music, and art making, this class goes into the history and definition of alchemy, the relationship of alchemy to Eastern systems, and its reintroduction by Jung into modern consciousness. We will study 7 different alchemical processes and how they and the alchemical model applies to analytic work.</p>

Advanced	
6:30pm-8pm	<p>CONTEMPORARY PERSPECTIVES I: RELATIONAL THEORIES</p> <p>Hillary Grill</p> <p>Location: 141 East 33rd Street Ste 1A 212-545-7500 hillarygrill@gmail.com</p> <p>Tracing its origins from classical Freudian, British Object Relations and Interpersonal theory, this course will define and provide an overview of relational theory and its impact on psychoanalytic technique. Readings--classic, pioneering works, as well as newer pieces, class discussions, and student presentations will be utilized to explore concepts such as intersubjectivity, the analytic third, hierarchy, mutuality, enactments, race, gender, and sexual orientation. The broad implications of a relational approach will be examined, particularly with regard to the changes in the way analysts think about and work with transference and countertransference.</p>
8:30-10pm	

4th Quarter – 4/3/23 – 5/22/23

Level & Time	Course & Instructor	Location & Contact
Entry Level		
6:30pm-8pm	<p>OBJECT RELATIONS II: AMERICAN SCHOOL</p> <p>Mel Solis</p>	<p>Location: 32 Union Sq. East, Suite 1203 New York, NY 10003 (IEA Office)</p> <p>917-696-1515</p> <p>melsolis@icloud.com</p>
<p>This course will review the contributions of the influential North American and South American Object Relations theorists including Grotstein, Ogden Racker and Mitrani. The course is intended as a survey that demonstrates both the diverse points of view and basic core themes in the literature. The theoretical aspects of the discussion will be enriched by clinical material to demonstrate the formulation of clinical applications from this perspective. Participants are expected to be prepared to discuss each week's readings and to offer relevant clinical material.</p>		
8:30pm-10pm	<p>HUMAN DEVELOPMENT II</p> <p>Monroe Street</p>	<p>Location: 32 Union Square East, #1203 (IEA Office)</p> <p>street.monroe@gmail.com</p> <p>802.363.6818</p>
<p>This course is a continuation of Human Development I and will cover developmental tasks and treatment implications for adolescence through adulthood.</p>		

Advanced		
6:30pm-8pm	<p>CONTINUOUS CASE SEMINAR</p> <p>Janet Sullivan</p>	<p>Location: 2607 Broadway (Between 71st and 72nd St) 2nd floor</p> <p>jansull0711@gmail.com</p>
<p>This course follows one student's case over the entire course of the class. It affords the class an opportunity to closely examine interventions, study process, and identify themes as they develop and manifest throughout sessions within one therapeutic dyad.</p>		
8:30-10pm	<p>READING COURSE IN WINNICOTT</p> <p>Gail Elkin-Scott</p>	<p>Location: 32 Union Sq. East, Suite 1218 New York, NY 10003 917.885.5723</p> <p>gailelkinscott@gmail.com</p>
<p>This course studies the seminal contributions of D.W. Winnicott to psychoanalytic theory and treatment, including such concepts as play, transitional space, and True and False Self. A particular focus is on Winnicott's understanding of both healthy development and psychoanalytic treatment as being fundamentally creative processes. Writing assignments and class discussions make use of clinical material in integrating and applying the theories covered to a range of treatment issues, as well as the use of expressive modalities. "Come at the world creatively, create the world; it is only what you create that has meaning for you." (Winnicott, 1968, p.101)</p>		
<p>Wednesday Mornings 4/5/23 – 5/24/23 10am-11:30am</p>	<p>EXPRESSIVE THERAPY WITH CHILDREN</p> <p>Kristin Long</p>	<p>Location: 222 West 14th Street, 6C (Residential building called The Sequoia); NY, NY 10011</p> <p>646-425-4999</p> <p>klongnyc@gmail.com</p>
<p>Using case material, readings and media, this course will explore ways to engage and work with children throughout the therapeutic process. Themes of trauma, resiliency, development and others will be woven into the articles and discussions. We will gaze across the child psychoanalytic time line, beginning with Hug-Hellmuth (often credited as the first child psychoanalyst) and conclude with current readings in the creative arts and psychoanalysis.</p>		

Weekend		
Dates 4/22/23 4/23/23 4/29/23 4/30/23	CASE PRESENTATION SEMINAR Meredith Glidden	Location: 1 Christopher St, Ste 1A, New York, NY 10014 646-469-3547 meredithglidden@gmail.com
10am-1pm each day	This course offers advanced students the opportunity to present cases with a focus on conceptualization, formal organization of case material, and integration of theory with clinical material.	

Instructor Bios:

CLAUDIA BADER, MPS, LCAT, NCPsyA, LP is a graduate of IEA, also having served as Executive Director and Director of Education for IEA, where she is currently a control analyst, supervisor, and faculty member. In private practice in NYC, she is published in the Encyclopedia of Psychology and Religion and many journals. Retired from university teaching since spring 2022, Claudia has taught Art Diagnosis to over a thousand students since 1995, at Pratt Institute of Design, the School of Visual Arts, the New School for Social Research, and Mjungi University in Seoul. She has pioneered the interface of spirituality, psychoanalysis, astrology, alchemy, art, and mandalas since 1973. Her research interests are rooted in exploring the way the inner and outer worlds inform each other; in particular, color and space in the psyche and the correlations between astrological archetypes, psychodynamics, and art. She will receive her PhD in psychoanalysis Fall 2022. Her dissertation topic is "Astrology and Transitional Phenomena."

PAUL C. COOPER, L.P., Ph.D., is a licensed and nationally certified psychoanalyst; Founder, Realizational Practice Studies Group; Former Dean of Training, National Psychological Association for Psychoanalysis; Faculty, training analyst, supervisor: Institute for Expressive Analysis, Metropolitan Institute; Editorial Board: *Psychoanalytic Review*; Award-winning author: *Zen Insight, Psychoanalytic Action: Two Arrows Meeting* (2019), *The Zen Impulse and the Psychoanalytic Encounter* (2010). Dr. Cooper maintains a private psychoanalytic psychotherapy and supervision practice in Montpelier, Vermont. He has presented his work internationally.

KATHLEEN DEL MAR MILLER, MFA, LCSW is a poet and a psychoanalyst practicing in New York City. Her writings have been published in various anthologies and journals, including Adam Phillips's *The Cure for Psychoanalysis*, *Studies in Gender & Sexuality*, *Psychoanalytic Dialogues* and *ROOM: A Sketchbook for Analytic Action*. She is a member of the Training Committee for the Analytic Training program at the Institute for Contemporary Psychotherapy (ICP), where she also teaches. She is currently editor for the "Miscellany" section of *Studies in Gender & Sexuality*.

GAIL ELKIN-SCOTT, MPS, ATR-BC, LCAT, LP, psychoanalyst and art therapist in private practice. She is the Executive Director of IEA and Director of the Consultation Center and IEA graduate. She studied Winnicott and child development with Stephen Seligman, DMH, anti-racism with James Turner, PhD and Don Barr, PhD, and fiber arts with Linda LaBelle.. All three are essential building blocks to Gail's world view and work.

MEREDITH GLIDDEN, LCAT, LP is a creative arts therapist and psychoanalyst with a private practice in New York City. She works with adolescents and adults with a specialty in substance use. Meredith did her post-graduate training at the Institute for Expressive Analysis and is now a board member and is IEA's Director of Admissions.

HILLARY GRILL, LCSW is a psychoanalyst practicing in New York City. She is a supervisor and faculty member at the National Institute for the Psychotherapies (NIP), the Institute for Expressive Analysis (IEA) and the Stephen Mitchell Relational Study Center. She is the executive editor of the journal *Psychoanalytic Perspectives*, presents widely, has written articles, the book: *Dreaming for Two: the Hidden Emotional Life of Pregnant Women* and most recently the chapter "The Importance of Fathers" in the book *Clinical Implications of the Psychoanalyst's Life Experience: When the Personal Becomes Professional*.

GENE GUBERMAN, LP, MA, NCPSYA serves as a faculty member & supervisor at the Postgraduate Psychoanalytic Society & Institute, and The Psychoanalytic Training Institute of the New York Counseling & Guidance Service. He served as editor of the Journal, *Issues in Psychoanalytic Psychology* for Washington Square Institute, and as Secretary, Board of Trustees, NAAP. Formerly, director, faculty, training & control analyst of the New York Center for Psychoanalytic Training where he graduated in 1990, faculty, the Hebrew Union College (NYC) where he taught communication and interpersonal skills, founder, director, & faculty member of LIU's adult education Center for Human Development. Gene's latest paper, *Phantoms in the Mind, Conflict, and the Analytic Relationship: mutative factors in psychoanalysis* for the International Forum of Psychoanalysis in Lisbon, Portugal. Presentations in NYC for Washington Square Institute include *Psychodynamics in Clinical Practice*, *Micro-Emotional Abuse: working through psychic wounds*, *Spectrum Psychodynamics: a synthesis of relational and modern drive psychoanalytic* approaches. Gene has taught such courses as Dream Interpretation, Countertransference, Dimensions of the Mind, Object Relations, Post-Freudian Theories, Character Disorders, Psychopathology, & Psychosomatics. He loves to sharpen student's theoretical tools and clinical skills. Gene has a private practice in Psychoanalysis and Psychoanalytic Psychotherapy.

BONNIE HIRSCHHORN, NCPsyA, LCSW, LCAT, LP, has a master's in art therapy and creative development from Pratt Institute and another in clinical social work from Wurtzweiler School of Social Work. She also graduated from The Institute for Expressive Analysis, a post graduate psychoanalytic institute that integrates psychoanalysis with creative process. Bonnie is licensed as an art therapist, psychoanalyst, and clinical social worker, and is certified as an Imago relationship therapist, hypnotherapist, and yoga instructor. For more than 35 years, she has developed a unique way of integrating nonverbal expressive modalities, such as art, movement, music, and drama, with verbal processing and psychoanalysis. Bonnie is in private practice in Manhattan and in New Paltz, NY, but now works mostly on Zoom, specializing in eating problems, trauma, and relationships.

KRISTIN LONG, DPsa, RDT/BCT, LCAT, LP, is co-founder and co-director of Harris and Long Psychotherapy. She has a full-time private practice in New York City working with children, adolescents, families, and adults. She is a faculty member and supervisor at The Institute for Expressive Analysis in New York City and at New York University where she teaches a class on Projective Techniques. Kristin is also a Fellow at The Parkmore Institute, where she received her doctorate in Psychoanalytic Studies. Having completed her EMDR training at the Parnell Institute, she has a specific interest in the non-verbal

transmission of intergenerational trauma. She has presented nationally and internationally on the importance of attunement within relational dyads, specifically around parent/children treatments. Kristin has also taught at various conferences on ways to incorporate creative arts into traditional psychotherapy spaces.

CARYN SHERMAN-MEYER, LCSW, is faculty, supervisor and training analyst at the National Institute for the Psychotherapies and other psychoanalytic institutes in New York City. She is director of NIP's Training Program in Psychoanalysis and Comprehensive Psychotherapy, founding director of its License Qualifying Program and Vice President of its Board of Directors. Caryn teaches and writes from a Relational perspective about therapeutic action, eating disorders and embodied communication. She practices and supervises individual, group and couples' psychoanalysis and psychotherapy in New York City.

MEL SOLIS, LCSW. Certificate in Psychoanalysis and Psychotherapy, Westchester Institute for the Study of Psychoanalysis and Psychotherapy. Faculty: Metropolitan Institute for Training in Psychoanalytic Psychotherapy, Adult Program; Psychoanalytic Psychotherapy Study Center. Adjunct Professor Fordham University Graduate School of Social Service and (previously) Yeshiva University. Diplomate in Clinical Social Work. Associate Member- American Psychoanalytic Association- Member Berkeley Psychoanalytic Association and Member Division 39 (Psychoanalysis)- American Psychological Association. Member National Association of Social Workers. American Association for Psychoanalysis in Clinical Social Work, Psychoanalytic Institute of Northern California.

MARK STAFFORD, PSYCHOANALYST, LP, MA. A graduate of Apres-Coup Psychoanalytic Association where is also a faculty member. He was the Director of Studies at the Westchester Institute (2006-9). He has been an adjunct faculty at the New School, The School of Visual Arts and holds an MA from the University of Edinburgh Scotland. His publications include "Being Human: The Technological Extensions of the Body" (2000). W.E.B Dubois (1995)

MONROE STREET SCHOSTAL, LP. Forming as an analyst in New York in dialogue with mentor clinicians belonging to several schools—among them, Apres Coup, das Unbehagen, and Espace Analytique—Monroe Street Schostal makes work that moves between text, music, and psychoanalysis both clinical and applied. Analytic writing has been featured or is forthcoming in *Senses & Society*, *The Candidate Journal*, and *Division/Review*, while recent poetry has appeared in *No, Dear*. In addition to IEA, Street Schostal teaches at the City University of New York.

JANET SULLIVAN, LP, LCAT has had multiple associations with IEA: graduate, supervisor, instructor and board member, utilizing both words and music in many different ways. She also works with bereaved persons. She has worked inpatient in a psychiatric hospital. She has had a long career as a singer and pianist and has presented at numerous conferences and has published with EGPS.

REGISTRATION INFORMATION

FEE SCHEDULE

Students registering for One (1) or Two (2) Courses	\$275 per course + \$75 Registration Fee
Students registering for Three (3) or More Courses	\$250 per course + \$75 Registration Fee
Registration Fee	\$75 per Semester (2 quarters)
Late Fee for Late Enrollment or Late Payment, including Partial Payment	\$75 per Semester (2 quarters)
Students Not Enrolling in Courses	\$75 non-registrant fee per Quarter

One course = eight (8) weekly sessions, 12 hours of instruction. Some courses are taught on weekends, and also consist of 12 hours of instruction.

Classes meet on Mondays from 6:30-8pm and 8:30-10pm, unless otherwise noted.

Payment is only accepted by credit card via the website www.ieanyc.org. Current students will be informed when online registration is open.

REGISTRATION DEADLINES

Fall Semester (first 2 quarters)	August 21, 2022
Spring Semester (second 2 quarters)	January 15, 2023

Please be sure to have your entire tuition and registration fee paid at registration to avoid a late fee. We reserve the right to cancel any course offerings that are under-enrolled. Your cooperation in registering as early as possible is appreciated. A late fee of \$75 will be assessed for any amount still outstanding after enrollment.

NEW STUDENTS

In addition to completing the registration form, new students must apply either for full admission to the institute or for the Non-Matriculant Program. Individuals who wish to take only selected courses are welcomed by IEA as long as they meet the Institute's standards for admission. A maximum of three (3) courses may be taken in the Non-Matriculant Program. Credit for these courses is applicable to subsequent matriculation status.

Director of Admissions: Meredith Glidden admissions@ieanyc.org

REFUND SCHEDULE

Canceling enrollment or changing registration must be done in writing to Director of Education, Vanessa Bright at education@ieanyc.org and to Treasurer Kristin Long via email at Treasurer@ieanyc.org

REFUNDS

8-Week Courses	
50% Refund if cancellation received <u>more than 2 weeks</u> prior to course start:	
Fall Semester (1 st Quarter)	August 28, 2022 and before
Early Winter (2 nd Quarter)	November 6, 2022 and before
Late Winter (3 rd Quarter)	January 15, 2023 and before
Spring Semester (4 th Quarter)	March 19, 2023 and before
Cancellation after 1 st session	No refund
Cancellations due to extenuating circumstances will be evaluated on a case-by-case basis.	

Weekend Courses	
Cancellation more than 2 weeks prior to start date	100% refund
Cancellation 7-14 days prior to start date	50% refund
Cancellation less than 7 days prior to start date	No refund (Except in cases of emergency, to be determined by Executive Committee)

QUESTIONS?

Contact **Ari Amir, Acting Dean of Training**, training@ieanyc.org for questions about arranging a program or qualification to enroll in a particular course. Email education@ieanyc.org for questions about the curriculum or course content.

NOTICE OF POLICY OF NONDISCRIMINATION

The Institute for Expressive Analysis admits candidates of any race, color, sexual orientation, gender identity and national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to candidates at the Institute. IEA subscribes to NAAP's Ethical Guidelines.