



THE INSTITUTE FOR EXPRESSIVE ANALYSIS

Fall/Early Winter 2021-2022

<u>Dates:</u> 1 st Quarter: 9/13/21 - 11/1/21 2 nd Quarter: 11/15/21 - 1/10/22 (No class 12/27/21)	<u>Mentor Meetings (Mandatory):</u>
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Registration Deadline for BOTH 8-week sessions: 8/23/21
Note on locations: Please follow email notifications from IEA regarding changes to course locations due to COVID-19

1st Quarter (First 8 weeks) – 9/13/21 - 11/1/21

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	BASIC CLINICAL CONCEPTS I Blair Casdin	Location: Zoom Meeting (917) 414-9494 bc@blaircasdin.com
	This course addresses the basic concepts of psychoanalytic psychotherapy as they apply to clinical work, focusing on early engagement, the working alliance, resistance, transference, countertransference, and interventions.	
8:30pm-10pm	PSYCHOPATHOLOGY I: NON-NEUROTIC DEFENSES Carter Thornton	Location: Zoom Meeting 646.483.8246 carterthorntonsound@gmail.com
	This course will explore the ‘in-between’ personalities that are dominated by non-neurotic defenses. We will summarize borderline, perverse, addictive, psychosomatic, & psychotic features of depression and trauma as defending against psychotic collapse. The course will include multiple perspectives on clinical interventions with such defenses. Student’s clinical material will be presented in class.	

Advanced		
6:30pm-8pm	<p>READING COURSE IN JACQUES LACAN</p> <p>Mark Stafford</p>	<p>Location: Zoom Meeting</p> <p>stafford60ms@gmail.com</p>
<p>The French psychoanalyst Jacques Lacan (1901-1982) is one of the most widely referenced contributors to psychoanalytic theory in the world. Although he is discussed mainly in the area of cultural theory in the English-speaking world his clinical practice is highly influential throughout Latin America and there are now Lacanian schools in Japan, China and Russia.</p> <p>In this course we will introduce Lacan through his concepts of the Real, the Imaginary & the Symbolic.</p>		
8:30-10pm	<p>GENDER AND SEXUALITY</p> <p>Monroe Street</p>	<p>Location: Zoom Meeting</p> <p>street.monroe@gmail.com</p>
<p>This course will focus on a comparison of classical and contemporary writings on gender and sexuality, illustrating the clinical use of our understanding of multiple psychoanalytic perspectives. We will cover the field from Freud and his followers/critics to contemporary relational thinkers such as Harris, Benjamin, Stein, Corbett, Davis and others. Students will have a chance to familiarize themselves with debates about the Oedipus complex, masculinity and femininity, penis envy, domination, sexual excitement and excess, and their relevant clinical applications.</p>		
8:30-10pm	<p>INFANT RESEARCH AND ADULT TREATMENT</p> <p>Gail Elkin-Scott</p>	<p>Location: Zoom Meeting</p> <p>917.885.5723</p> <p>gailelkinscott@gmail.com</p>
<p>In recent decades there has been an explosion of research on infancy and the findings of this research have had a significant impact on psychoanalytic theory and practice. This course will introduce methods for applying infant research to adult treatment, as well as contemporary psychoanalytic concepts discovered or verified by these recent studies. We will focus on the early origins of attachment, bodily and affect regulation, relatedness and patterns of non-verbal and verbal communication, and explore concepts such as co-construction, self and interactive regulation, mentalization and more. Readings will include works by Bowlby, Fonagy, Beebe, Lachmann, Stern, Boston Process Change Study Group, and others.</p>		

Weekend		

2nd Quarter (Second 8 weeks) – 11/15/21 - 1/10/22 (No class 12/27/21)

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	<p>FREUD I</p> <p>Cenk Cokuslu</p>	<p>Location: Zoom Meeting</p> <p>201.658.3649</p> <p>cenk@cenkcokuslu.com</p>
	<p>This course will focus on the development of Freud’s thought from 1883 to 1914. It is an overview starting with the birth of psychoanalysis, and ending with Freud's reformulation of the topographic model. The main topics covered will include the unconscious, instincts, screen memories, dreams and infantile sexuality. In addition, a number of his technique papers as well as Freud’s paper on narcissism will be examined. The course will conclude reading one of Freud’s most interesting cases.</p>	
8:30pm-10pm		

Advanced		
6:30pm-8pm	TRAUMA Karen Morris	Location: Zoom Meeting klmplex108@gmail.com
	<p>Most patients present with some degree of trauma, even if not always initially articulated or diagnosed. This course will teach the understanding and treatment of traumatized individuals through a consideration of classic and contemporary trauma literature, attachment theory, and neuroscience. Class discussion and student presentations will be integrated throughout the course in order to allow for application of theory to case material.</p>	
8:30pm-10pm	TRANSFERENCE & COUNTERTRANSFERENCE I Instructor TBA	Location: Zoom Meeting
	<p>This course focuses on classical and current psychoanalytic concepts of transference. Topics include induced counter-transference, hate in the countertransference, working with positive and negative transference, self-object transference, and regression. The course addresses the problems and creative uses of countertransference, integrating theory with clinical practice.</p>	
8:30pm-10pm	THE BIONIC DEVELOPMENT Paul Cooper	Location: Zoom Meeting 212.779.2425 chugai108@gmail.com
	<p>This course will focus on close readings of Wilfred Bion's theory of technique beginning with his ground-breaking and seminal paper "Notes on Memory & Desire (1967). Further elaborations from his book Attention & Interpretation (1970), and how his work was developed and extended by psychoanalysts who followed his ideas including Thomas Ogden, Antonino Ferro, Rudi Vermote, James Grotstein, Joan & Neville Symington and others. and will emphasize technique-based topics including: "Freedom from memory, desire and understanding," "Narrative derivatives," "O" & "K" beta, and "dreamwork alpha function," Maternal reverie, projective identification, container & contained.</p>	
Weekend		
	RESEARCH AND ETHICS Mark Stafford	Location: Zoom Meeting stafford60ms@gmail.com
	<p>This course will frame the ethical issues inherent in psychoanalytic practice, research and writing. It will present the codes of ethics that form the foundation of expected ethical practices and prohibitions and explore their application in the</p>	

context of psychoanalytic treatment and writing. Readings touch on boundaries, confidentiality, love, money and sex. Candidates will gain insight into risk factors, legal and professional standards, and the implications of violating those standards.

Late Winter/Spring 2021-2022

<u>Dates:</u> 3 rd Quarter: 1/24/22 - 3/14/22 4 th Quarter: 3/28/22 - 5/23/22 (No class 4/18/22)	<u>Mentor Meetings (Mandatory):</u> TBD
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Registration Deadline for BOTH 8-week sessions: 1/9/22
Note on locations: Please follow email notifications from IEA regarding changes to course locations due to COVID-19

3rd Quarter – 1/24/22 - 3/14/22

Level & Time	Course & Instructor	Location & Contact
Entry Level	[Always check www.ieanyc.org for the most updated course information]	
6:30pm-8pm	FREUD II Cenk Cokuslu	Location: Zoom Meeting 201.658.3649 cenk@cenkcokuslu.com
	<p>In this course, the main ideas dominating Freud’s later writings in relation to the loss, anxiety, madness, aggression, and libidinal forces will be reviewed with special emphasis on the evolution of the dual instinct theory. The dynamic interplay of the bindings and undoings of the death instinct will be explored in an attempt to comprehend the psychoanalytic concepts of masochism, therapeutic impasse and the limitations of the psychoanalysis.</p>	
8:30pm-10pm	DIAGNOSIS AND THE INDIVIDUAL Gail Elkin-Scott	Location: Zoom Meeting 917.885.5723 gailelkinscott@gmail.com
	<p>As analysts we assess our patients provisionally and over time, recognizing that words and behaviors are signposts to fluid internal states. As clinicians, however, we are often required to make thumbnail diagnoses, based on categories created by the study of large numbers of subjects. This course will consider the Diagnostic and Statistical Manual-5. One class will be devoted to the history of the DSM and the thinking about current changes in the manual. Throughout, candidates will consider the fit between diagnosis and the individual patient, using examples from our practices or from literature. How can we use diagnosis creatively to inform our thinking, without limiting the potential of the patient to surprise us? Students are encouraged to apply critical thinking and clinical intuition to their use of diagnostic labels.</p>	
Weekend		

Advanced		
6:30pm-8pm	<p>CONTEMPORARY PERSPECTIVES II: ONGOING EVOLUTION OF PSYCHOANALYTIC THEORIES (course renamed from "Intersubjectivity")</p> <p>Hillary Grill</p>	<p>Location: Zoom Meeting</p> <p>212.545.8482 hillarygrill@gmail.com</p>
<p>This course will offer a more in-depth analysis of concepts explored in Contemporary Perspectives I, and introduce the most advanced theories of psychoanalytic thought today.</p>		
8:30pm-10pm	<p>DREAM ANALYSIS II</p> <p>Stefanie Teitelbaum</p>	<p>Location: Zoom Meeting</p> <p>(212) 255-3284 stef.teitelbaum@gmail.com</p>
<p>Since the 1950's dreams have been seen more as a communication than as a means of disguise. We will explore all aspects of dream material, both manifest and latent content as it surfaces in associations. The class will use group process format to work directly with the dreams that are presented. Readings will include contemporary writings on the use of imagination and imagery in clinical practice, the intersubjective nature of dream exploration as well as Jung's concepts of archetypes and the collective unconscious.</p>		

4th Quarter – 3/28/22 - 5/23/22 (No class 4/18/22)

Level & Time	Course & Instructor	Location & Contact
Entry Level		
6:30pm-8pm	<p>BASIC CLINICAL CONCEPTS II (TBA)</p> <p>Gene Guberman</p> <p>A continuation of Basic Clinical Concepts I.</p>	<p>Location: Zoom Meeting</p>
8:30pm-10pm	<p>CASE SEMINAR II</p> <p>Janet Sullivan</p> <p>This course is a continuation of Case Seminar I, providing students with opportunities to present cases in a group format.</p>	<p>Location: Zoom Meeting</p> <p>212. 874.2236</p> <p>jansull@msn.com</p>
Advanced		
6:30pm-8pm	<p>NARCISSISM (Course renamed from “Narcissism and Self-Psychology”)</p> <p>Carolyn Schaefer</p> <p>This course presents the psychoanalytic theories of narcissism, including the formulations of Sigmund Freud, and emphasizing the work of Kohut and other self-psychology theorists such as Stolorow. Topics addressed include self-object transference dynamics, the role of countertransference, self-experiencing, and the meaning of empathy and empathic capability.</p>	<p>Location: Zoom Meeting</p>
8:30pm-10pm	<p>THE THERAPEUTIC ALLIANCE (Course renamed from “Resistance”)</p> <p>Gene Guberman</p> <p>This course focuses on the therapeutic alliance in psychoanalysis with its myriad nuances and challenges. It begins with the early understanding of the psychoanalytic concept of resistance as it manifests in the treatment situation, and proceeds on to the current understanding and work with the therapeutic alliance. The class explores the relationship between character pathology and its impact on the therapeutic alliance, and the recognition of both verbal and non-verbal symbolic communications of patients’ use and avoidance of the therapeutic relationship.</p>	<p>Location: Zoom Meeting</p>

Interventions and interpretations, both verbal and non-verbal, that aid in the exploration and work with the therapeutic alliance with the patient, will be considered.

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Weekend		
<p>4/9/22, 4/23/22, and 4/30/22 1pm-5:30pm Each day</p>	<p>SYMBOLIZATION AND CREATIVITY – REQUIRED WEEKEND COURSE</p> <p>Claudia Bader</p>	<p>Location: Zoom Meeting</p> <p>50 West 97th St #1H 917-647-8254 (for texting) 212-874-7441</p> <p>abzudusk@aol.com</p>
<p>This course explores the symbolization processes at work in unconscious fantasies, symptom formation, trauma and creativity. Ways of working with symbolization in treatment will also be discussed.</p>		
<p>5/8/22 5/15/22, and 6/5/22 10am-1:15pm Each day</p>	<p>PSYCHOANALYSIS AND THE BODY</p> <p>Isaac Shamah</p>	<p>Location: Zoom Meeting</p>
<p>4 Sunday meetings/ 3 hours & 15 minutes each includes 15-minute break. Sessions will combine readings, discussion, exercises and activities. Focus will be on tuning into the resonance with our patients, tracking both self and other, and attending to moment-to-moment awareness. We will explore how to more effectively support a patient in finding resources within themselves, create more flexibility within their system and develop more ability to manage emotional dysregulation. We will survey different practices that engage the body in treatment. These will include EMDR, Somatic Experiencing, Somatic Experiencing Touch and Vipassana Meditation. Content will interweave with relational psychoanalytic practice and transference/counter-transference dynamics. The goal of this class is to enhance the use of self and tune into the alchemy of engagement through bodily awareness.</p>		

Instructor Bios:

CLAUDIA BADER, MPS, LCAT, NCPsyA, LP. Private practice. Former Executive Director, faculty, supervisor, graduate, IEA. Adjunct faculty, Graduate Art Therapy Dept., Pratt Institute of Design. Creative Therapy Program, New School for Social Research. Former dancer and puppeteer.

CENK COKUSLU, MBA, LP, is a psychoanalyst with private practice in New York, NY, USA. Past Executive Director, Faculty, Training Analyst and Supervisor, Institute for Expressive Analysis (IEA). Faculty and Supervisor, Psychoanalytic Psychotherapy Study Center (PPSC); Faculty, Training Analyst and Supervisor, China American Psychoanalytic Alliance (CAPA). Faculty, National Institute for the Psychotherapies (NIP); Papers published in IFPE's online journal, *Other/Wise*. Author of Book Chapter in "Counterdreamers" (London: Karnac, 2018) edited by Meg Harris Williams and Miriam Botbol.

PAUL C. COOPER, L.P., Ph.D., Former Dean of Training: National Psychological Association for Psychoanalysis (NPAP); Faculty, training analyst, supervisor: NPAP, IEA, HFI; Editorial Board for *Psychoanalytic Review*; Award-winning author: *The Zen Impulse and the Psychoanalytic Encounter* (2010), *Into the Mountain Stream: Psychotherapy and Buddhist Experience* (2007). Co-founder, Director, Teacher: Two Rivers Zen Community in Honesdale, PA; Recent journal publications: "Taste the Strawberries," *American Journal of Psychoanalysis*, (2014), "Zen Meditation, Reverie and Psychoanalytic Listening" *Psychoanalytic Review* (2014). Dr. Cooper maintains a private psychoanalytic practice in Manhattan and in Honesdale, PA.

MEREDITH GLIDDEN LCAT, LP is a creative arts therapist and psychoanalyst with a private practice in New York City. She works with adolescents and adults with a specialty in substance use. Meredith did her post-graduate training at the Institute for Expressive Analysis and is now a board member and is IEA's Director of Admissions.

GAIL ELKIN-SCOTT, MPS, ATR-BC, LCAT, LP, Psychoanalyst and art therapist in private practice. Her developmental focus informs her work with adults of all ages. IEA graduate, Director of the IEA Consultation Center, faculty at New York Counseling and Guidance Institute.

GLADYS FOXE, Ph.D, LCSW, LP, Certified Psychoanalyst, in private practice with individuals, couples, and groups. Training Analyst, faculty, supervisor at IEA. Published seven articles in numerous professional journals and Winner of the Gradiva Award (Article Division) 2002. The winning article was: "But that was in another country, and besides...": Collision and Collusion in the Countertransference Between German Jewish-Descended Analyst and German Nazi-Descended Patient" Her most recent article, "Countertransference and

the Heart of the Heroic: Working with a Journalist from China”, appeared in *Psychoanalytic Perspectives* in 2011.

HILLARY GRILL, LCSW is a psychoanalyst practicing in New York City. She is a supervisor and faculty member at the National Institute for the Psychotherapies (NIP), the Institute for Expressive Analysis (IEA) and the Stephen Mitchell Relational Study Center. She is the executive editor of the journal *Psychoanalytic Perspectives*, presents widely, has written articles, the book: *Dreaming for Two: the Hidden Emotional Life of Pregnant Women* and most recently the chapter “The Importance of Fathers” in the book *Clinical Implications of the Psychoanalyst’s Life Experience: When the Personal Becomes Professional*.

GENE GUBERMAN, LP, MA, NCPSYA serves as a faculty member & supervisor at the Postgraduate Psychoanalytic Society & Institute, and The Psychoanalytic Training Institute of the New York Counseling & Guidance Service. He served as editor of the Journal, *Issues in Psychoanalytic Psychology* for Washington Square Institute, and as Secretary, Board of Trustees, NAAP. Formerly, director, faculty, training & control analyst of the New York Center for Psychoanalytic Training where he graduated in 1990, faculty, the Hebrew Union College (NYC) where he taught communication and interpersonal skills, founder, director, & faculty member of LIU's adult education Center for Human Development. Gene’s latest paper, *Phantoms in the Mind, Conflict, and the Analytic Relationship: mutative factors in psychoanalysis* for the International Forum of Psychoanalysis in Lisbon, Portugal. Presentations in NYC for Washington Square Institute include *Psychodynamics in Clinical Practice Micro-Emotional Abuse: working through psychic wounds. Spectrum Psychodynamics: a synthesis of relational and modern drive psychoanalytic* approaches. Gene has taught such courses as Dream Interpretation, Countertransference, Dimensions of the Mind, Object Relations, Post-Freudian Theories, Character Disorders, Psychopathology, & Psychosomatics. He loves to sharpen students’ theoretical tools and clinical skills. Gene has a private practice in Psychoanalysis and Psychoanalytic Psychotherapy.

MARIANNE JOINER-HUGHES is a licensed creative arts therapist and psychoanalyst in private practice who emphasizes the relationship as the core to personal development and role play as a practical approach to deeper engagement with self and other. Marianne works with adults, teens, children, couples and parent-child dyadic work to treat crises of the self, and transitions the internalized crisis to crises of the interpersonal space where there is then liminal potential for new experiences. Marianne honors the space that therapy offers a patient and therapist to collaborate, initiate contact and deepen the connection that enlivens us and collaborate to learn how to love and to live a life with meaning. Marianne is looking forward to teaching theory as a point of beginning where the value of therapeutic practice multiplies.

KAREN MORRIS is a psychoanalyst in private practice in Narrowsburg, New York. She is an award-winning author and poet and a specialist in her field on childhood and adult-onset trauma, and the impact of social trauma. She facilitates Social Dreaming Matrixes in conference, retreat, and workshop spaces. In keeping with historical and theoretical developments within psychoanalysis, her presentations are exemplary interdisciplinary dialogues between the arts, Wisdom traditions and concerns of social justice. She is a volunteer Ambassador of Hope for Shared Hope International whose mission it is to eradicate sex-trafficking through

public education. She is an ordained lay teacher in the Soto Zen Buddhist tradition and co-founder of Two Rivers Zen Community in Narrowsburg.

CARYN SHERMAN-MEYER, LCSW, is faculty, supervisor and training analyst at the National Institute for the Psychotherapies and other New York City analytic institutes. She writes, teaches and supervises about eating disorders, embodiment and the intersubjective field in psychoanalysis. In recent articles and presentations, she has examined the therapeutic action of bi-directional body-to-body communication between patient and analyst. Caryn offers individual, couple and group psychotherapy and psychoanalysis as well supervision in her private practice in New York City.

MARK STAFFORD, LP. A graduate of Apres-Coup Psychoanalytic Association where is also a faculty member. He was the Director of Studies at the Westchester Institute (2006-9). He has been an adjunct faculty at the New School, The School of Visual Arts and holds an MA from the University of Edinburgh Scotland . His publications include "Being Human: The Technological Extensions of the Body"(2000). W.E.B Dubois(1995)

JANET SULLIVAN, LP, LCAT has had multiple associations with IEA: graduate, supervisor, instructor and board member, utilizing both words and music in many different ways. She also works with bereaved persons. She has worked inpatient in a psychiatric hospital. She has had a long career as a singer and pianist and has presented at numerous conferences and has published with EGPS.

CARTER THORNTON, LP, LCAT, MT-BC - Psychoanalyst and Music Therapist with clinical and supervision practices in New York City and Westchester County. Assistant Supervisor for Creative Arts Therapies and Child Life Services at NYU Hospital/Rusk Rehabilitation where his work focuses on applications of creative arts therapy and psychoanalytic frameworks within neurologic rehabilitation. He is additionally a clinical supervisor for New York University's Music Therapy Master's program and is former Program Chair of IEA's Board of Directors.

REGISTRATION INFORMATION

FEE SCHEDULE

Students registering for One (1) or Two (2) Courses	\$275 per course + \$75 Registration Fee
Students registering for Three (3) or More Courses	\$250 per course + \$75 Registration Fee
Registration Fee	\$75 per Semester (2 quarters)
Late Fee for Late Enrollment or Late Payment, including Partial Payment	\$75 per Semester (2 quarters)
Students Not Enrolling in Courses	\$75 non-registrant fee per Quarter

One course = eight (8) weekly sessions, 12 hours of instruction. Some courses are taught on weekends, and also consist of 12 hours of instruction.

Classes meet on Mondays from 6:30-8pm and 8:30-10pm, unless otherwise noted.

Payment is only accepted by credit card via the website www.ieanyc.org. Current students will be informed when online registration is open.

REGISTRATION DEADLINES

Fall Semester (first 2 quarters)	August 23, 2021
Spring Semester (second 2 quarters)	January 9, 2022

Please be sure to have your entire tuition and registration fee paid at registration to avoid a late fee. We reserve the right to cancel any course offerings that are under-enrolled. Your cooperation in registering as early as possible is appreciated. A late fee of \$75 will be assessed for any amount still outstanding after enrollment.

NEW STUDENTS

In addition to completing the registration form, new students must apply either for full admission to the institute or for the Non-Matriculant Program. Individuals who wish to take only selected courses are welcomed by IEA as long as they meet the Institute's standards for admission. A maximum of three (3) courses may be taken in the Non-Matriculant Program. Credit for these courses is applicable to subsequent matriculation status.

Director of Admissions: Meredith Glidden admissions@ieanyc.org

REFUND SCHEDULE

Canceling enrollment or changing registration must be done in writing to Director of Education, Vanessa Bright at education@ieanyc.org *and* to Treasurer Kristin Long via email Treasurer@ieanyc.org .

REFUNDS

8-Week Courses	
50% Refund if cancellation notice received <u>more than 2 weeks</u> prior to course start:	
Fall Semester (1 st Quarter)	August 30, 2021 and before
Early Winter (2 nd Quarter)	November 1, 2021 and before
Late Winter (3 rd Quarter)	January 10, 2022 and before
Spring Semester (4 th Quarter)	March 14, 2022 and before
Cancellation after 1 st session	No refund
Cancellations due to extenuating circumstances will be evaluated on a case-by-case basis.	

Weekend Courses	
Cancellation more than 2 weeks prior to start date	100% refund
Cancellation 7-14 days prior to start date	50% refund
Cancellation less than 7 days prior to start date	No refund (Except in cases of emergency, to be determined by Executive Committee)

QUESTIONS?

Call **Julie Marcus, Dean of Training**, 917-509-5893 for questions about arranging a program or qualification to enroll in a particular course. Email education@ieanyc.org for questions about the curriculum or course content.

NOTICE OF POLICY OF NONDISCRIMINATION

The Institute for Expressive Analysis admits candidates of any race, color, sexual orientation, gender identity and national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to candidates at the Institute. IEA subscribes to NAAP's Ethical Guidelines.